



Winona Lake Trails 910 E. Pierceton Road, Winona Lake, IN 46590 Link to Google Maps







CAMPING AND LODGING

The League has arranged for overnight camping to be available on site at Winona Lake Trails, 910 E. Pierceton Road, for Friday and Saturday nights.

THANK YOU Kosciusko County Velo!

Please make a donation to the League of \$5/tent or \$10/RV at the League Registration Tent

Campsites are primitive (no electricity or hook-ups) and first come first served. No water is available on-site-BRING YOUR OWN WATER FOR THE WEEKEND!



PARKING

Kosciusko County Velo kindly is not charging us for parking at this race! You can make a donation to KCV HERE. Please park in the designated event parking (grassy infield) and leave paved spaces for other park patrons.



FOOD SERVICE

CONTACT US

Saturday 12pm-3pm and Sunday 11:00AM - 2 PM

Scout Troop 715 from Warsaw, IN will be selling food again this year



Winona Lake Trails, Sept. 13-14, 2025

INTERSCHOLASTIC INDIANA CYCLING LEAGUE

INFORMATION IN THIS FLIER IS SUBJECT TO CHANGE. PLEASE CHECK BACK FREQUENTLY!

Winona Lake is on EASTERN TIME!



FRIDAY SCHEDULE

12:00 PM If you're available for pre-setup, contact John at 219-308-6596!

4:00 PM Camping Check-in Open



SATURDAY SCHEDULE

7:30 AM Volunteer Shifts Begin

11:30 AM PitZone Open

11:30 AM Registration Open

12:00 PM Coaches' Pre-ride Open

1:00 PM Coaches' Meeting

1:30 PM Athlete Pre-Ride open (must ride with coach!)

4:00 PM GRiT Ride (girls only) and Family Ride

5:00 PM Course Closed; Registration Closed

5:00 PM Rubber Chicken Relays! Short track relay races!



SUNDAY SCHEDULE

6:45 AM Volunteer Shifts Begin

7:00 AM Registration and Pit Zone Open

7:30 AM Pre-Ride Open (athletes must ride with coach

8:00AM Optional Prayer Service/Devotional Time for those who wish.

8:30 AM Pre-ride Closed

8:30 AM Head Coaches' Meeting (Start-Finish Area)

8:45 AM Marshals Meeting (Marshal Tent)

9:15 AM Staging: Boys Middle School

9:30 AM Racing Begins: Boys Middle School

10:25 AM Staging: Girls High School and Girls Middle School

10:40 AM Racing Begins: Girls HS & MS

12:30 PM Staging: Boys High School

12:45 PM Racing Begins: Boys High School

~2:15 PM Event Teardown/Cleanup

~2:45PM Awards Ceremony—stay and celebrate together!



REMEMBER!

If your leg is over your bike, you should be wearing a HELMET!

ANYONE riding a bike on the course must have a race plate affixed to the handlebars.

Walk your bike in the PitZone.

Cheer for EVERYONE!

Help keep our venue clean. Thanks for picking up!

AWARDS!

Awards Ceremony
will be onsite as
soon as Cleanup is
complete
(typically between
2:30-3:00pm).
Plan to stay and
celebrate with your
team and fellow
athletes!

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ADDITIONAL EVENT INFORMATION

GRiT Tent Events

Stop by the tent to make a sign for a new rider or a friendship bracelet this weekend!

Rubber Chicken Relays! Get signed up at the registration tent.





PARK VENUE INFIELD MAP



We Need YOU!

Help us make
the magic
happen for
our athletes!
Did you know
we need
about 80
volunteer slots
filled?
VOLUNTEER
SIGNUP HERE!

*Please park in Event Parking and walk/ride to Registration and Pit Zone

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RACING WAVE SCHEDULE

Please be at the staging area 15 minutes before your start time.



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2025 Winona Lake Race Wave Info							
BOYS MIDDLE SCHOOL							
Category	Staging Time	Start Time	Lap Count	Pull Time			
MS-A Boys	9:15 AM	9:30 AM	2	10:05 AM			
MS-B Boys	9:15 AM	9:32 AM	2	10:10 AM			
MS-C Boys	9:15 AM	9:34 AM	1				
GIRLS HIGH SCHOOL & MIDDLE SCHOOL							
Category	Staging Time	Start Time	Lap Count	Pull Time			
Varsity Girls	10:25 AM	10:40 AM	4	11:55 AM			
JV-1&2 Girls	10:25 AM	10:42 AM	3	11:40 AM			

GIRLS HIGH SCHOOL & MIDDLE SCHOOL						
Category	Staging Time	Start Time	Lap Count	Pull Time		
Varsity Girls	10:25 AM	10:40 AM	4	11:55 AM		
JV-1&2 Girls	10:25 AM	10:42 AM	3	11:40 AM		
JV-3 Girls	10:25 AM	10:44 AM	2	11:15 AM		
MS-A Girls	10:25 AM	10:46 AM	2	11:15 AM		
MS-B Girls	10:25 AM	10:48 AM	2	11:20 AM		
MS-C Girls	10:25 AM	10:50 AM	1			

BOYS HIGH SCHOOL							
Category	Staging Time	Start Time	Lap Count	Pull Time			
Varsity Boys	12:30 PM	12:45 PM	4	1:45 PM			
JV-1 Boys	12:30 PM	12:47 PM	3	1:37 PM			
JV-2 Boys	12:30 PM	12:49 PM	3	1:45 PM			
JV-3 Boys	12:30 PM	12:51 PM	2	1:26 PM			

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COURSE INFORMATION

Lots of single track—and no straight lines!

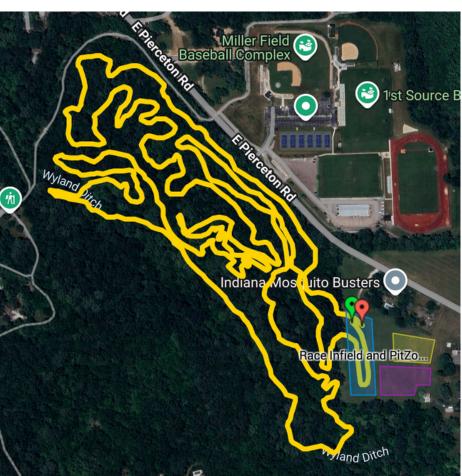
Winona Lake Trails are essentially all single track, so bring your cornering skills and be ready for a bit of climbing. It's a fun and interesting set of trails that move quickly!

Racers should expect a mass-start format, with ample infield prior to entering the singletrack in the woods. Passing opportunities need to be chosen wisely, as not all sections of trail are suitable for passing.

Be aware that the precise course route is subject to change due to course conditions at the time of the race. The map files are an approximation of the expected course. FOLLOW ON-COURSE MARKINGS!

GPX Route Download

Ride with GPS Route





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COACH INFORMATION

How to prepare your team for this event:

Winona Lake Trails represent a step up in technical challenge compared with Stoney Run Park. Riders will encounter more climbing and steeper descents. Work on rider confidence in handling minor drops from exposed roots, and getting up and over roots on climbs.



OTB 101 Skills to Practice:

Bike-Body Separation Side-to-Side and Cornering - Taking turns at race speed requires these skills.

Crouched Climbing: The climbs on this course are punchy and quick, but can be steep enough to make traction control an important skill.

Coach Meetings:

Mandatory Coach Meetings will be held on Saturday at 1pm and Sunday at 8:30am.

Pre-ride EAP:

Emergency Action Plan

EMS will be onsite on Sunday at Winona Lake for the race itself. Pre-Ride is "like a practice"—athletes must ride with coaches. Respond to emergencies as you would at practice, based on the FAP.



