

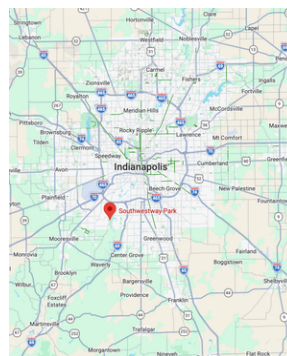


Southwestway Park October 17-18, 2026



ADDRESS AND DIRECTIONS

Southwestway Park
8400 Mann Rd, Indianapolis,
IN 46221
[Link to Google Maps](#)



We Love Our
Volunteers

[SIGN UP HERE](#)



CAMPING AND LODGING

Indianapolis Parks & Recreation does not allow camping at Southwestway.
Please make alternative lodging arrangements in the area, if needed.



PARKING

Ongoing construction has limited the parking available within the Park (on the east side of Mann Road). Additional parking (and portapotties) are available on the west side of Mann Road, immediately across from the Park entrance.

Please use caution crossing Mann Road—traffic on Mann Road does not have any stop signs at the park entrance!



FOOD SERVICE

We do **not** have a food vendor onsite at Southwestway. Plan for your nutritional needs! Restaurants are available nearby.

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INFORMATION IN THIS FLIER IS SUBJECT TO CHANGE.
PLEASE CHECK BACK FREQUENTLY!

Southwestway is on EASTERN TIME!



FRIDAY SCHEDULE

1:00 PM If you're available for pre-setup, contact John at 219-308-6596!



SATURDAY SCHEDULE

8:00 AM Volunteer Shifts Begin

11:30 AM PitZone Open

11:30 AM Registration Open

12:00 PM Coaches' Pre-ride Open

1:00 PM Coaches' Meeting

1:30 PM Athlete Pre-Ride open (must ride with coach!)

4:00 PM GRiT Gathering!

4:00PM Family Ride

4:00PM Registration Closed

5:00 PM Course Closed



SUNDAY SCHEDULE

8:00 AM Volunteer Shifts Begin

8:00 AM Registration and Pit Zone Open

8:00 AM Pre-Ride Open (athletes must ride with coach)

9:00 AM Pre-ride Closed

9:00 AM Head Coaches' Meeting (Start-Finish Area)

9:15 AM Marshals Meeting (Marshal Tent)

9:45 AM Staging: Boys AND Girls Middle School + JV3 Girls

10:00 AM Race #1: Boys AND Girls Middle School, JV3 Girls

11:15 PM Staging: Boys AND Girls High School

11:30 AM Race #2: Boys AND Girls High School (except JV3 girls)

~1:30 PM Event Teardown/Cleanup

~2:00PM Awards Ceremony—stay and celebrate together!

IIICL
Event
Guidelines
[HERE](#)

REMEMBER!

If your leg is over your bike, you should be wearing a **HELMET!**

ANYONE riding a bike on the course must have a race plate affixed to the handlebars.

Walk your bike in the PitZone.

Cheer for EVERYONE!

Help keep our venue clean. Thanks for picking up!

AWARDS!

Awards Ceremony will be onsite as soon as Cleanup is complete (estimated around 2:00pm)

Plan to stay and celebrate with your team and fellow athletes!

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ADDITIONAL EVENT INFORMATION

GRiT Ride—4pm Saturday

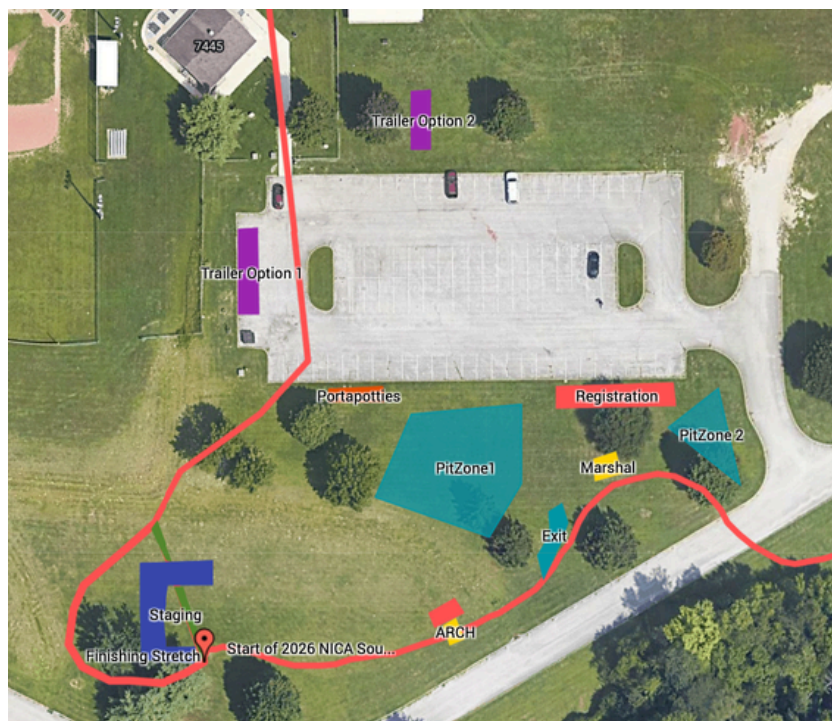
Calling all ladies! Special ride and activities for female athletes and coaches.

Park Safety

Remember that the Park is open to other visitors throughout the weekend. Remind your athletes to be alert for cars and other people!



PARK VENUE INFIELD MAP



We Need YOU!

Help us make the magic happen for our athletes! Did you know we need about 80 volunteer slots filled?

VOLUNTEER SIGNUP HERE!

*Please park in Event Parking and walk/ride to Registration and Pit Zone

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RACING WAVE SCHEDULE

Please be at the staging area 15 minutes before your start time.



2026 Southwestway Park Race Wave Info

BOYS and GIRLS MIDDLE SCHOOL + JV-3 GIRLS

Category	Staging Time	Start Time	Lap Count	Pull Time
MS-A Boys	9:45 AM	10:00 AM	2	10:27 AM
MS-B Boys	9:45 AM	10:02 AM	2	10:34 AM
JV-3 Girls	9:45 AM	10:04 AM	2	10:41 AM
MS-B Girls	9:45 AM	10:04 AM	2	10:41 AM
MS-C Boys	9:45 AM	10:08 AM	1	---
MC-C Girls	9:45 AM	10:10 AM	1	---

BOYS and GIRLS HIGH SCHOOL

Category	Staging Time	Start Time	Lap Count	Pull Time
Varsity Boys	11:15 AM	11:30 AM	4	12:46 PM
JV-1 Boys	11:15 AM	11:32 AM	3	12:27 PM
Varsity Girls	11:15 AM	11:34 AM	4	12:56 PM
JV-2 Boys	11:15 AM	11:36 AM	3	12:36 PM
JV-1 Girls	11:15 AM	11:38 AM	3	12:38 PM
JV-2 Girls	11:15 AM	11:38 AM	3	12:44 PM
JV-3 Boys	11:15 AM	11:40 AM	2	12:16 PM

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COURSE INFORMATION

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Putting it all together for our final race this season!

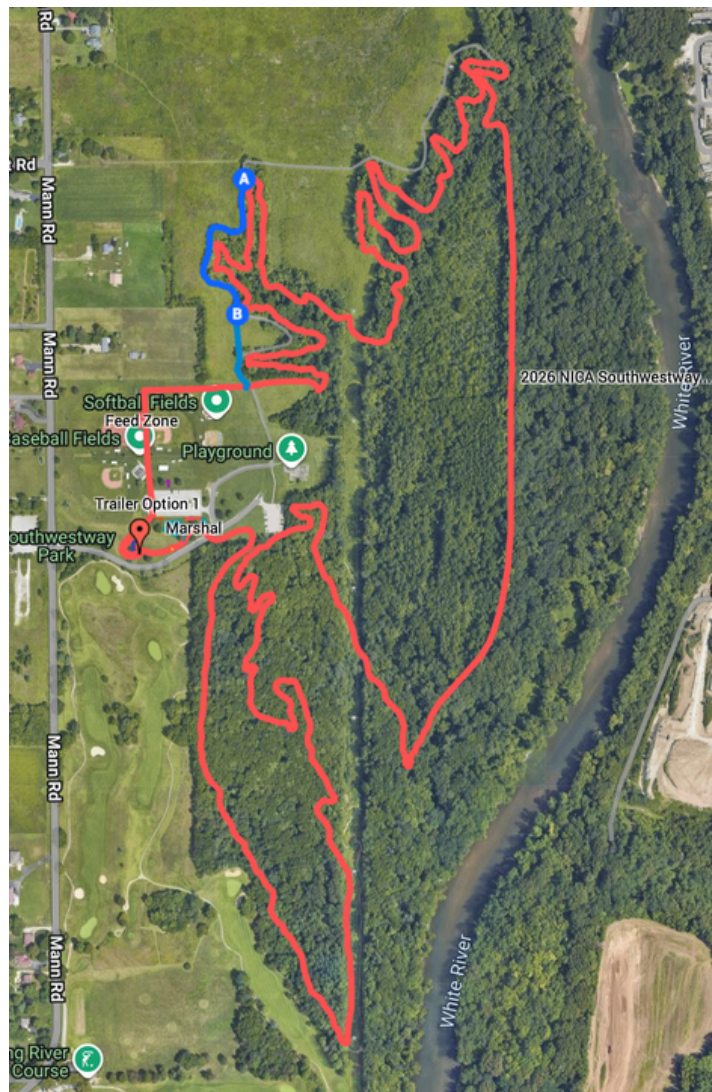
We'll be climbing to the top of Mann Hill—and you'll enjoy a nice downhill flow trail with 100ft of descending as a reward for your climbing! Riders continue to descend down to the river levee, where it's a level speedway heading straight north until climbing back up to the main park level. The northwest quadrant of the lap has lots of corners and some technical root sections. **Middle School categories will exit the woods and follow the gravel trail shown in blue on the map**, while the High School categories will continue on the singletrack. Everyone completes their lap around the perimeter of the Little League Baseball Fields back to the start/finish area.

Be aware that the precise course route is subject to change due to course conditions at the time of the race. The map files are an approximation of the expected course. FOLLOW ON-COURSE MARKINGS!

[Google Maps
Route & Venue
Map](#)

[GPX Route
Download](#)

[Ride with GPS
Route](#)



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COACH INFORMATION

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How to prepare your team for this event:

Athletes will find the trails at Southwestway more challenging than our other race venues this year. Climbs, downhill, narrow trail sections, and plenty of roots will demand that our athletes be strong mentally as well as physically. **Help your athletes keep a positive attitude that embraces the challenge instead of getting discouraged.** Each lap at Southwestway will take more time than a lap at our other races, so hydration and nutrition may become more important especially for high school athletes riding more laps.

OTB 101 Skills to Practice:

For our final race, athletes will get to put into practice everything they've learned this year!

FUNDAMENTALS are the key at Southwestway. Remember to coach your athletes to get out of the saddle when they're riding over roots and rocks! Getting out of the saddle in a solid "Ready Position" will enable riders to manage most obstacles. There is a lengthy climb in the early portion of the race lap—make sure your athletes are managing their shifting and gear selection to handle the climb.

Coach Meetings:

Mandatory Coach Meetings will be held on Saturday at 1pm and Sunday at 9:00am.

Pre-ride EAP:

[Emergency Action Plan](#)

EMS will be onsite on Sunday at Southwestway for the race itself. Pre-Ride is "like a practice"—athletes must ride with coaches. Respond to emergencies as you would at practice, based on the EAP.

CONTACT US

John (219) 308-6596

email: info@indianamt.org
www.indianamt.org

